



NEW EDI ACTIVITY

TRAINING ON NON-VIOLENT COMMUNICATION

THIS FRIDAY, MARCH 17 FROM 12:00 TO 1:00 PM

The CGCC, COPL, INTRIQ, QCAM and RQMP are once again partnering to offer you an EDI training on non-violent communication.

This training will be held on March 17th from 12:00 to 1:00 pm in a hybrid online and in-person format at participating institutions. It is offered by URELLES, a diversity and inclusion consulting firm.

CONTENT OVERVIEW

Communication

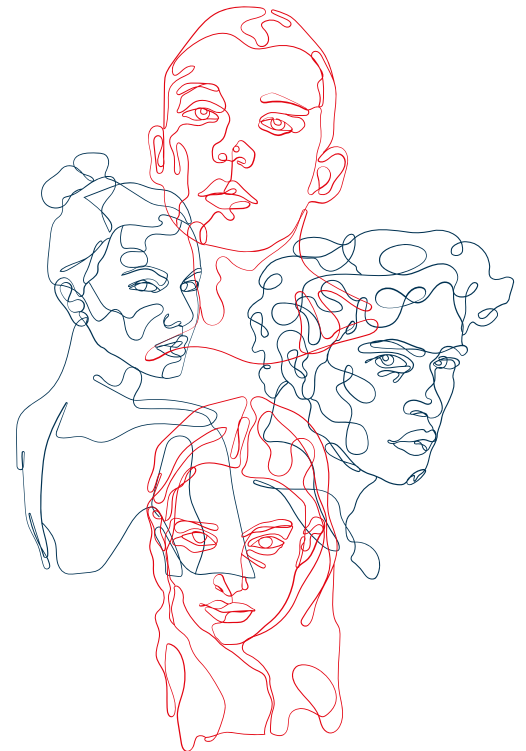
- Communication defined
- Bias in Communication
- Marshal Rosenberg's NVC

Emotional intelligence

- Self-awareness and self-control in communication
- Recognition of emotions in communication
- Lazarus model

Professional application

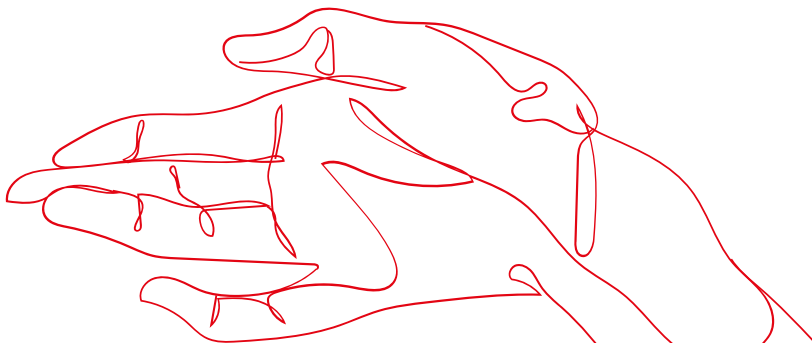
- Feedback culture
- Conflict management
- Relationship management



ABOUT THE TRAINER

Fran Delhoume holds a Master's degree in Organizational Development from HEC Montréal and a short program in Equity-Diversity-Inclusion Management (EDI) at UQAR. She is a trainer in neuroinclusion and works as an EDI analyst with the consulting firm URelles and as a lecturer at the Université de Sherbrooke.

To reserve your place, fill out the form:



The workshop will be offered concurrently at the following locations: :

Montreal

Concordia University
Loyola Campus
SP Building, S185-07
(Entrance to the room is from S185-07)
7141 Sherbrooke Street West, Montreal, QC, H4B 2A7

McGill University
McConnell Engineering Building,
Room to come
3480 de l'Université Street, Montreal, QC, H3A 0E9

Polytechnique Montreal
Main Building
Room A480
2500 Chemin de Polytechnique, Montreal, QC, H3T 1J4

ÉTS Montreal
Room to come
1100 Notre Dame Street W, Montreal, QC, H3C 1K3

Université de Montréal
MIL - Complexe des sciences
Room A-5502
1375 Thérèse-Lavoie-Roux Ave, Montreal, QC, H2V 0B3

UQAM
Chemistry and Biochemistry Pavilion
Room CBR-450
2101 Jeanne-Mance Street, Montreal, QC H2X 2J6

INRS - EMT
Tudor-Johnston Room
1650, Lionel-Boulet Bd. Varennes, QC, J3X 1P7

Quebec

Université Laval
Alexandre Vachon Pavilion
Room 2820
1045, De la Médecine Ave, Quebec City, QC, G1V 0A6

Sherbrooke

Université de Sherbrooke
Faculty of Science
Room D3-2034
2500 University Bd, Sherbrooke, QC, J1K 2R1

Trois-Rivieres

Université du Québec à Trois-Rivières
Room to come
3351 Bd des Forges, Trois-Rivières, QC, G8Z 4M

